

Reiki I&II Workshop
 William Lee Rand
 Feb. 21-22 2009
 8:30am to 6pm
 Kipahulu, Maui

Workshop directions

1. Get a Maui road map and use it. One good guide book to get is Maui Revealed.
2. The workshop will be held on the grounds of **Halemano** which is about 20-30 min. south of Hana.
3. Driving from Kahului/Paia area, the road quickly changes into a very slow, twisty road with multiple switchbacks and speeds between 10-25 mph. This is a very slow, but very scenic road and best driven for the first time during the day. It gets dark about 5:30pm and the drive takes about 2 hours, so it's best to leave no later than 3:00pm. If you're arriving into Kahului later in the day, it's best to stay in Kahului over night and drive to the Hana area the next day. If you'd like to do this, I suggest the Maui Beach Hotel 800-804-6835 or the Maui Seaside Hotel (808) 877-3311
4. As you enter the Hana area, you will approach a fork in the road - but actually more like a right turn. The Hana Police station is on the corner. Turn right. Enjoy the short ride through Hana Town. The Hana Hotel and then the old Hasagawa general store is on your left and then the only gas station on your right. This marks the end of Hana Town.
5. If you're staying in the Hana Hotel or a Bed and Breakfast in the area, follow the directions you've gotten from them to get to your over night accommodations.
6. Remember to bring bug spray, sun tan lotion, hiking or walking shoes that can get wet, swim suit, towel, camera and so forth.
7. Student activities outside the class room such as going to the beach, swimming in the ocean, hiking and so forth are not mandatory and done at the students own discretion and at the students own risk.
8. **Class Location:** The class will be held on the grounds of Halemano which is in the Kipahulu area south of Hana. Halemano is a beautiful retreat center with gardens and an amazing cliff view of the sea.
9. Bring your lunch to class as there are no restaurants in this area.

Halemano is approximately a 20-30 minute drive south of Hana. You will be parking your car in the church parking lot where Charles Lindbergh's grave is located. Leave Hana and proceed toward the Seven Sacred Pools area which is located in Haleakala National Park. Pass the park and proceed past St. Paul church on the right. Turn left at the Maui Stables sign on the left which is a short distance past St. Paul church. Follow the asphalt road and turn left at the bottom of the hill when the asphalt turns left. Park in the church parking area. Walk past the cemetery and the grave of Charles Lindbergh toward Kipahulu Lookout park. Just inside the park on the left is a door. Unlatch the door by reaching through the opening to the right of the door and lift the latch. Be sure to re-latch the door after you enter. You are now in the garden area of Halemano. The class will be held in the building in the garden area with the solar panels on the roof. This building is called the Uma. While on Maui you can contact William at 586-747-3155 or Heidi at 808-248-4444.

